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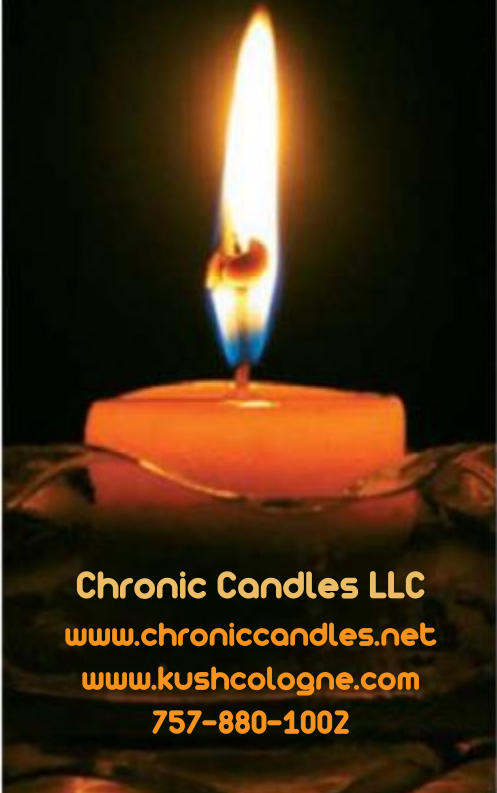
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Ding-dong, the witch is dead! Eight inter-minable years of white-bread fascist jack-boots on the neck of our collective soul have finally come to an end. With ferocity of determination, we've cast our votes for diplomacy, parity and progress; we've voted against imperialism, hegemony and mendaciousness. May Bush and Cheney burn in hell, or at least The Hague. The time of Terror has gone. The time has come to Rise.

We fretted for months. We waited in three-hour lines in the wrong shoes at our polling stations, surrounded by more first-time voters than we ever knew existed. We paced like women in labor at a horse race watching the election returns, poised to celebrate or riot. For political junkies, it was the biggest rush in history.

This is a new beginning. America has given truth to the tale that in this country, anyone can be anything they want to be—even president—and that, yes, hard work and education pay off... and so do impossible dreams. We have proven, despite Bush or perhaps because of him, that we are not just a nation of redneck sheeple, insularized from our international depreciation by a cloud of willful ignorance, blind fear and Fox News talking points. The door to the Good Ol' Boys' Club has been bloodlessly unhinged; we've embraced fabulous cultural fusion and the exciting flavor of progress. Has victory ever tasted quite so sweet?

In honor of this auspicious occasion, I've concocted a turnover called the Obamamosa. Like our president-elect, this party choice was born of the marriage and overlap of multiple cultures, but is ultimately an American amalgamation. Obama and samosas have two things in common:



Puff pastry stuffed with smothered greens and tilapia, topped with a mango sauce.

Both are adored worldwide, and both are judged by what they have inside. In keeping with the spirit of our new diplomat in chief, I've sought a culinary common ground between the US and the rest of the world.

Tilapia is a fish that's widely consumed in both Hawaii (where Obama was born) and Kenya (his father's homeland). Mangoes grow in both places, as well as Indonesia (mango trees shade his step-grandmother's tin-roofed house in Kogelo). Another staple in Kenya is a dish called *sukuma wiki*, which is Swahili for "stretch the week." Given our current economic shit storm, stretching the week is something we probably all need to do. *Sukuma wiki* is like the smothered greens ubiquitous in Southern soul food, but without the pork, which folks in Washington need to cut out anyway. And, of course, weed is a global panacea, uniting the diverse wherever it's indulged. Wrap it all up in a classic puff pastry and you have an Obamamosa.

And by the way: God bless America!
—Ashley Kennedy

OBAMAMOSAS

- | | |
|--|--|
| ¼ oz commercial ganja or
1/8 oz kind bud, cleaned | 1 cup coconut milk |
| ½ stick of butter | 2 cups (cooked) kale, collard
or spinach greens |
| 1 tilapia filet | 1 cup diced tomato |
| ¼ cup mango puree | 2 tsp green-onion tops |
| Curry powder | 2 tsp finely chopped cilantro |
| Ginger powder | 1 small lime |
| 2 tbsp flour | 1 package frozen puff pastry |

DIRECTIONS: Squeeze one-half of the lime over the tilapia filet. Rub it down with a thin layer of curry and ginger powder. Grill or bake until tender and flaky. Dice into small chunks.

For the *sukuma wiki*, braise the greens with tomatoes and onions. Cool and squeeze to strain.

For the sauce, simmer the ganja and butter together in a double-boiler over low heat for 45 minutes. Strain the butter into a skillet (reserving what's left on the sides of the double-boiler to brush onto the puff pastry). Add flour to the butter in the skillet and whisk over low heat until the lumps are gone. Add coconut milk, mango puree, the other half of the lime, cilantro and more curry to taste. Stir until the sauce thickens to a consistency you dig; toy with it if it makes you happy.

Now put it all together. Layer the *sukuma wiki* and fish on three-inch squares of puff pastry, then fold them into triangles, sealing the edges with water and pressing with a fork before brushing the pastries with ganja butter. Bake at 300°F until golden brown. Serve drizzled with the warm mango-ganja sauce (plus some for dipping) and the remaining *sukuma wiki* on the side. Stones six, with three to a serving. ✨

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CHANGE YOU CAN BREATHE IN

Looking forward to the end of marijuana prohibition.

For nearly two years, as the centerpiece of his campaign for president, Barack Obama offered the nation a message of hope, along with a promise to bring fundamental change to our nation's government. I, along with millions of other responsible cannabis consumers, welcome that change wholeheartedly. In fact, 38 years ago, Keith Stroup founded NORML to promote a similar message—namely, that this country needs to change antiquated, misguided and oppressive marijuana policies that illogically target responsible cannabis consumers.



Who has one thumb and might support marijuana law reform?

Since 1970, we've never stopped lobbying on your behalf, especially given that, in 2007 alone, our current system and policies led to the arrest of over 872,000 Americans on marijuana charges—a tragic milestone never before experienced in our nation's history, and one that we should never repeat.

The good news is that as the "winds of change" swept across America on November 4th, they gave the cannabis community numerous political and cultural victories. See Paul Armantano's story "Will Obama Legalize It?" on page 93 for a complete recap of our election night triumphs, including victories on the local, state, and national level. All across America, and particularly in Michigan and Massachusetts, voters soundly rejected organized opposition by local law enforcement and federal officials from the Drug Czar's office—indicating once again that the message of groups like NORML, not the White House, shapes the public's views about cannabis.

At the federal level, for the first time in nearly three decades, I believe that we have a president and a Congress willing to undertake a rational and scientific review of America's disastrous cannabis policies. That's why NORML is calling on the Obama administration and the members of the 111th Congress to create a bipartisan presidential commission to review the budgetary, social and health costs associated with federal marijuana prohibition, and to make progressive recommendations for future policy changes.

Of course, America empowered just such a blue-ribbon commission once before: the Shafer Commission, which in 1972 concluded, "The criminal law is too harsh a tool to apply to personal possession even in the effort to discourage use It implies an overwhelming indictment of the behavior which we believe is not appropriate. The actual and potential harm of use of the drug is not great enough to justify intrusion by the criminal law into private behavior, a step which our society takes only with the greatest reluctance."

And yet, since the publication of the Shafer report in 1972, an estimated 18 million Americans have been busted for cannabis use—nearly nine out of 10 for possession *only*, the very "crime" that the Shafer Commission recommended lawmakers cease prosecuting.

So that's one more thing we need to change—and by joining NORML today, you can help bring us that much closer to the end of marijuana prohibition. — Allen St. Pierre, Executive Director of NORML

FREEDOM FIGHTER

Mark Pedersen Rolls On for Reform

As founder of the Cannabis Patient Network, director of Greater St. Louis NORML and founder of Americans for Safe Access of St. Louis, Mark Pedersen works hard for the cannabis-law reform movement—and he works for free.

"I don't hold a paying position with any organization," Pedersen tells HIGH TIMES, upon learning of his selection as Freedom Fighter of the Month. "I finance most of my work from my disability and part-time jobs."

Pedersen's dedication stems from the fact that he's a medical-cannabis patient himself. He first became an activist while working with a group called Journey for Justice, a rolling protest by cannabis patients—some on bicycles, others in wheelchairs—that brings the group's message about medical marijuana to citizens all across the country, and directly to lawmakers in Washington, DC.

Pedersen contributed by driving a support

truck, serving as on-road coordinator, and collecting video testimonies from patients, their family members and physicians. Following four and a half months on the road, Mark continued collecting videos for another two years, while simultaneously organizing patient delegations to lobby for the passage of Missouri's Medical Cannabis Compassion Bill, which he had a hand in writing.

As if Mark didn't have enough on his plate, he's also begun to organize an all-day medical-marijuana event under the Gateway Arch in St. Louis. If you want to help, or to view his compelling medical marijuana testimonial videos, start by logging on to cannabispatient.net.— Carlos Castillo



Mark Pedersen

Ask Dr. Mitch



Dr. Mitch, I used to get high right before bed and sleep like a log. Now, all of a sudden, I take a little hit and I'm up all night. What gives?

Pappa Soma

Hey Pappa, Sounds like you've switched strains, perhaps to one with a lower THC and higher CBD [cannabidiol] content. THC, the most legendary of the 60-plus cannabinoids unique to the marijuana plant, appears to improve sleep—but new research on CBD, another cannabinoid, suggests that it actually perks folks up.

In general, maintaining good sleep hygiene is the best way to get a good night's rest. Go to bed and wake up at the same time every day, reserve your bed for sleeping (and sex), and keep away from caffeine and stimulants in the afternoon. Sounds basic, but you'll be snoozing away like you wouldn't believe.

Is it true that you can fool a drug test with meat tenderizer?

Chef

Hi Chef, An HT article back in 2006 mentioned that papain, an enzyme from the papaya plant, can decrease THC metabolites in the urine. The article inspired a big study at the Armed Forces Institute of Pathology. (I guess their HT subscription keeps them in the know!) Sure enough, about a quarter-gram of meat tenderizer with papain lowered THC metabolites and fooled some of the drug tests. Note that MSG, another popular meat tenderizer, hasn't been tested. As always, read your labels.

Can marijuana help seizures?

Jay

Hi Jay, Cannabis was first prescribed for epileptic seizures in the 1400s, and the legendary Dr. William Brooke O'Shaughnessy used hash to treat convulsions in 1842. These days, hundreds of medical users swear by it, and one modern study suggests that the cannabinoid CBD can indeed provide help for some people. But seizures are nothing to play with, so definitely see a physician. New anti-seizure medications are being developed all the time, but no single one seems to work for everyone.

Dr. Mitch Earleywine, Ph.D., is an associate professor of psychology at SUNY Albany. He is the author of Understanding Marijuana and The Parents' Guide to Marijuana. Got a question for Dr. Mitch? Email him at 420research@gmail.com.

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WILL OBAMA LEGALIZE IT?

Election Day 2008 marked the end of an error. For the cannabis community, change couldn't come soon enough.



"I inhaled frequently," Obama candidly admitted. "That was the point."

BY PAUL ARMENTANO

Over the last eight years, America's 25 million regular marijuana users have lived under a dark cloud—namely, the federal government's draconian assault on their lives and liberties. The police made an unprecedented 6.3 million pot arrests under President Bush, who also reneged on a campaign promise to let states decide their own medical-marijuana policies, resulting in the indictment of more than 100 state-authorized cannabis patients and providers, many of them now serving multi-decade sentences in federal prison. Meanwhile, John Walters, our nation's longest-serving and least competent Drug Czar, railed senselessly about weed—blaming pot smokers for September 11, equating the therapeutic use of cannabis to "medicinal crack," and alleging that not one single American is serving time behind bars for pot possession.

Now our community turns its hopeful eyes to a new president, and perhaps our best opportunity in more than three decades to help usher in a new direction in pot policy. So what are some practical and immediate steps that the Obama administration can take to de-escalate the senseless war on marijuana smokers?

First and foremost, the new president must uphold his campaign promise to end the federal prosecution of state-authorized med-pot patients and providers. President Obama can

SMOKE THE VOTE

Marijuana-law reform wins big at the ballot box.

Millions of Americans nationwide cast votes in favor of pot-law reform, approving 10 out of 11 ballot measures aimed at freeing the weed.

Massachusetts: 65 percent of voters approved Question 2, which replaces criminal penalties for the possession of up to one ounce of marijuana—formerly punishable by up to six months in jail and a \$500 fine—with a civil fine of no more than \$100.

Michigan: 63 percent of voters approved Proposal 1, which legalizes the physician-supervised use and cultivation of cannabis by qualified patients. Michigan is the 13th state since 1996 to authorize the use of med-pot under state law, as well as the ninth to do so at the ballot box.

Voters in various municipalities around the country also backed local pro-pot initiatives.

Arkansas: 66 percent of voters in Fayetteville (population: 67,000) approved Question 16, which directs local police to make all activities related to the investigation and prosecution of adults for possession of up to one ounce of marijuana their lowest law enforcement priority.

Hawaii: Voters on the Big Island (population: 172,000) approved a similar initiative (Ballot Question 1) urging police to make adult possession of up to 24 ounces of cannabis and/or 24 plants for personal use their lowest law enforcement priority. The measure also directs the City Council to reject federal funding for local pot-eradication efforts.

Massachusetts: Voters in four state House districts (encompassing 15 towns) passed nonbinding public policy questions directing each district's state representative to vote in favor of legislation to legalize the medical use of cannabis.

Michigan: 71 percent of voters in Ferndale (population 22,000) approved a measure authorizing private entities to dispense medical cannabis to authorized patients.

Berkeley, CA (population: 101,000): Voters endorsed Measure JJ, which eliminates local limits on how much medical marijuana a patient may possess, as well as liberalizing municipal zoning guidelines for patient dispensaries.



Obama back in his pot-smoking heyday.

OBAMA ON WEED

While President Obama's past fondness for weed is well documented—"I inhaled frequently," he has candidly admitted, "that was the point"—his current stance on marijuana policy is hazier. Speaking at Northwestern University in January 2004, Obama called America's so-called "War on Drugs" an "utter failure" and stated that "we need to rethink and decriminalize our marijuana laws." He later reversed this pro-pot position during a Democratic primary debate in 2007, raising his hand in opposition to decriminalization. Following the debate, Obama's handlers claimed that he'd misunderstood the moderator's question and reasserted that the Democratic contender had, in fact, "always" supported decriminalization. Hours later, however, the campaign reversed course again, telling the *Washington Times* that Obama opposed decriminalizing weed.

Our 44th president's stance on the use of medical pot is far clearer. On the campaign trail, Obama pledged to end federal interference in states that have legalized the use of medical cannabis, stating: "I would not have the Justice Department prosecuting and raiding medical-marijuana users. It's not a good use of our resources." Obama also said that he believes that physicians should be able to legally prescribe cannabis, but concedes that pot will not be regulated like other prescription medicines until there's a change in federal law. So would President Obama lobby for such a change? "The likelihood of that being real high on my list is not likely," he admits.

do this by appointing leaders at the Drug Enforcement Administration, the Department of Justice and the US Attorney General's Office who will respect the will of the voters in the 14 states that have already legalized the physician-supervised use of medical marijuana. Obama can further protect the health and safety of patients by encouraging the relevant government agencies to review a 2002 petition to reschedule cannabis so that doctors can prescribe it legally. (As a candidate, Obama described such a change in pot's classification as "entirely appropriate.") The president should also demand that the DEA abide by the Bittner decision, a 2007 ruling by the agency's own administrative law judge that allows for the cultivation of medical-grade cannabis by non-governmental entities.

Finally, Obama can use the power of the executive office to encourage broader marijuana-policy reforms, specifically by calling for the creation of a bipartisan presidential commission to review the budgetary, social and health costs associated with federal marijuana prohibition. A rational, open-minded examination of this issue would almost certainly lead the Obama administration to join forces with leading Democrats like House Speaker Nancy Pelosi (D-California) and Massachusetts Congressman Barney Frank (D-Massachusetts) in calling for an end to federal penalties for any cannabis use by adults.

These are just a few of the actions that Barack Obama could—and should—take as America's 44th president. But will he? The answer remains largely up to us. Remember, the new administration presents us not with a solution, but with an opportunity. It's up to us to seize it by continuing our civic engagement well beyond Election Day. ✨



WHAT'S NEXT?

Leading marijuana activists look to a brighter future.

Keith Stroup, Esq., founder of NORML: "Without question, we will be working in a far more favorable political environment under an Obama administration than we have seen since back in the mid-1970s. Within the first year of the new administration, we can get a federal decriminalization bill introduced in both houses of Congress, and can get hearings scheduled in the House and Senate Judiciary committees. We should get the bill favorably voted out of committee and referred to the floor for a House and Senate vote, and with a little luck—and a lot of hard work—it is not impossible that we could actually pass this measure by the end of Obama's first term."



Kris Krane, executive director of Students for Sensible Drug Policy: "I don't think there's any way Obama will 'legalize it,' but I do see some reforms on the horizon. We're hopeful that an Obama administration will cut funding for several Drug War-related programs that adversely impact young people, including the National Youth Anti-Drug Media Campaign and federally funded random student drug testing. SSDP's main agenda will be lobbying the Department of Education to repeal the federal ban on student aid for drug offenders. We're hopeful that an Obama administration will work with us to provide students greater access to higher education."



Dr. Dale Gieringer, director of California NORML: "From a California perspective, our number one hope is that President Obama will follow through on his promise to end the DEA's medical-marijuana raids on state-authorized patients and dispensaries. To do so will entail a host of policy changes by federal agencies such as the DEA, the Justice Department, the Office of National Drug Control Policy, and the US Department of Health and Human Services—and, ultimately, the reclassification of marijuana under federal law, a process that's likely to take years to unfold."



Steve Epstein, Esq., Mass/Cann NORML: "I expect in the short term that all 10 members of the Massachusetts delegation in the House, and our two senators, will join US Congressman Barney Frank as co-sponsors of legislation to reschedule marijuana for prescription use. I expect them to also join Representative Frank as co-sponsors of legislation to eliminate most federal penalties for the personal possession of marijuana, which would permit states to experiment with regulatory schemes as they do with tobacco, beer, wine and hard cider."



Rob Kampa, executive director of the Marijuana Policy Project: "Rather than asking the Obama administration to take bold action, we're going to start by asking them to adopt a policy of *inaction* on at least four fronts—to end the DEA's raids in California, to stop threatening California landlords with property forfeiture if they lease their properties to medical-marijuana dispensaries, to stop sending the Drug Czar to campaign against our ballot initiatives, and to stop lobbying governors to veto our bills. Yes, we also plan to ask the Obama administration to do more ... but it's easier to make fast progress by getting politicians to take *no* action rather than to take action."

SUBCOOL'S SUPER SOIL. STEP-BY-STEP

Master bud breeder and longtime grower Subcool reveals his tried and true tips for stirring up the perfect organic-soil mix for pot plants that taste amazing, smell incredible and pack a potent, intoxicating punch. **Story by Subcool, photos by Subcool & MzJill**

Always stir your mix together to blend all of the ingredients.



Jack's Cleaner is one of the frostiest varieties available.

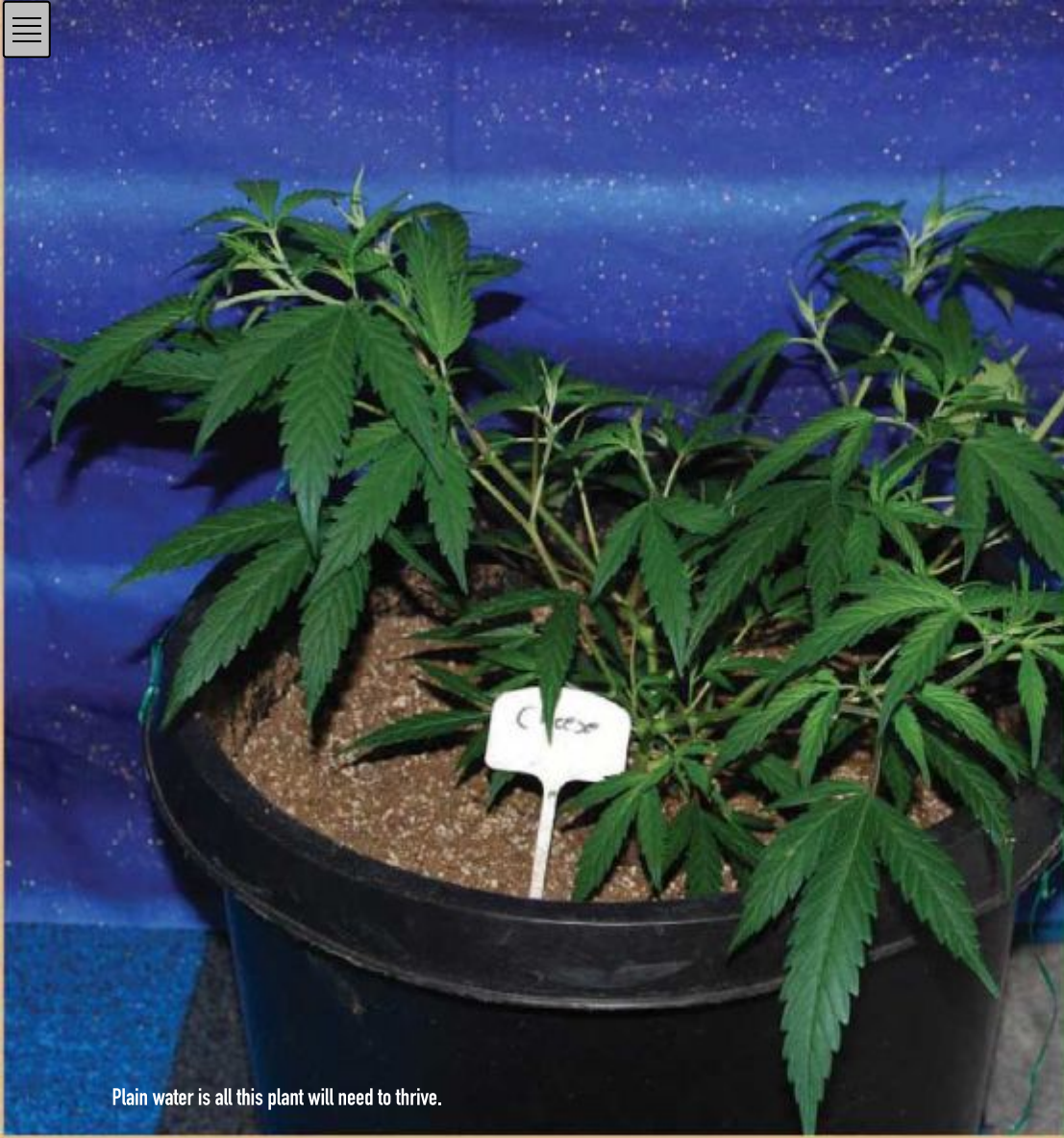


A mask will keep tiny particles in the air from irritating your throat and lungs.

There's nothing that compares to the flavor of properly grown organic pot: The subtle tastes and aromas created by using only "Mother Earth" are overwhelming to the senses when it's done properly. As with vegetables, a rich organic soil can bring out the best in cannabis.

Over the past 20 years, I have tried almost every possible way to cultivate our favorite plant. And while hydro is certainly faster and the yields blow soil away, I've developed an organic-soil mix that consistently performs extremely well, with very little guesswork involved (i.e., I don't have to worry about pH or ppms ever).

I spent a few years developing the recipe for this Super Soil mix, and using it in 7-gallon nursery pots, I can run from start to finish adding only plain water. Other than a bit of sweat equity every 90 days or so, using this soil takes a huge amount of the science out of gardening and puts nature back in charge. Also, the recipe is always changing in slight ways as I continue to fine-tune it in my efforts to achieve perfection.



Plain water is all this plant will need to thrive.

THE BASE

Start with at least six to eight large bags of high-quality organic soil. This is your base soil—i.e., your regular potting soil without the additives. The selection of your base soil is very important, so don't cut corners here. I can't begin to discuss all the different products out there, but I will mention a few in this article. A good organic soil should cost you from \$8 to \$10 per 30-pound bag. Since I want to give you a very specific idea of what I consider to be a balanced soil, take a look at the ingredients in a product called Roots Organic:

Lignite, coco fiber, perlite, pumice, compost, peat moss, bone meal, bat guano, kelp meal, greensand, soybean meal, leonardite, k-mag, glacial rock dust, alfalfa meal, oyster shell flour, earthworm castings and mycorrhizae.

Another local product we're trying out now, Harvest Moon, has the following ingredients: *Washed coco fibers, Alaskan peat moss, perlite, yucca, pumice, diatoms, worm castings, feather meal, fishmeal, kelp meal, limestone, gypsum, soybean meal, alfalfa meal, rock dust, yucca meal and mycorrhizae fungi.*

So far we've found that Roots Organic produces a more floral smell in the finished buds, while Harvest Moon generates larger yields.

If you have access to a good local mix like these, then I highly recommend starting with a product of this type. We've also had decent results using commercial brands, but never "as is." The best results we've had to date using a well-known commercial soil has been with Fox Farms' Ocean Forest soil combined in a 2-to-1 ratio with Light Warrior. Used on its own, Ocean Forest is known for burning plants and having the wrong ratio of nutrients, but when cut with Light Warrior, it makes a pretty good base-soil mix.

You can also just use two bales of Sunshine Mix #4, but this would be my last choice, since plants grown in this mix may not respond well to my "just add water" method of growing.

After choosing your base soil, the Super Soil concentrate is placed in the bottom one-third to one-half of the container and blended with the base soil. (With strains that require high levels of nutrients, we'll go so far as to fill ¾ of the container with Super Soil, but this is necessary only with a small percentage of strains.) This allows the plants to grow into the concentrated Super Soil layer, which means that in the right size container, they'll need nothing but water throughout their full cycle. One of the things I like best about this soil mix is that I can drop off plants with patients, and all they have to do is water them when the soil dries out.



Gather all ingredients together before blending.

THE MIX

Here are the amounts we've found will produce the best-tasting buds and strongest medicines:

8 large bags of a high-quality organic potting soil with coco fiber and mycorrhizae (i.e., your base soil)

25 to 50 lbs of organic worm castings

5 lbs steamed bone meal

5 lbs Bloom bat guano

5 lbs blood meal

3 lbs rock phosphate

¾ cup Epson salts

½ cup sweet lime (dolomite)

½ cup azomite (trace elements)

2 tbsp powdered humic acid

This is the same basic recipe I've been using for the past 15 years. The hardest ingredient to acquire are the worm castings (especially since many people don't even know what they are. FYI: worm poop). But don't decide to just skip them: Be resourceful. After all, worms comprise up to ¾ of the living organisms found underground, and they're crucial to holding our planet together. Also, don't waste money on a "soil conditioner" with worm castings; source out some local pure worm poop with no added mulch.



Kiddie pools work well for stirring up your mix.



STIR IT UP

There are several ways to mix these ingredients well. You can sweep up a patio or garage and work there on a tarp, or you can use a plastic wading pool for kids. (These cost about 10 bucks apiece and work really well for a few seasons.) Some growers have been known to rent a cement mixer to cut down on the physical labor. Whatever method you use, all that matters in the end is that you get the ingredients mixed properly.

This can be a lot of work, so be careful not to pull a muscle if you're not used to strenuous activity. On the other hand, the physical effort involved is good for mind and body, and working with soil has kept me in pretty good shape. But if you have physical limitations, you can simply have someone mix it up for you while you supervise. As far as the proper steps go: Pour a few bags of base soil into your mixing container first, making a mound. Then pour the powdered nutrients in a circle around the mound and cover everything with another bag of base soil. In goes the bat poop and then more base soil. I continue this process of layering soil and additives until everything has been added to the pile.

Now I put on my muck boots, which help me kick the soil around and get it mixed up well using my larger and stronger leg muscles instead of my arms. The rest is simple; as my skipper used to say, "Put your back into it." This is hard work that I obsess over, even breaking up all the soil clods by hand. I work on the pile for at least 15 minutes, turning the soil over and over until it's thoroughly mixed.

Then I store my Super Soil in large garbage cans. (And before using

any of it, I pour the entire load out and mix it well once more.) Once it's placed in the cans, I water it slightly—adding three gallons of water to each large garbage can's worth. Though it makes stirring the soil harder, adding water will activate the mycorrhizae and help all the powders dissolve.

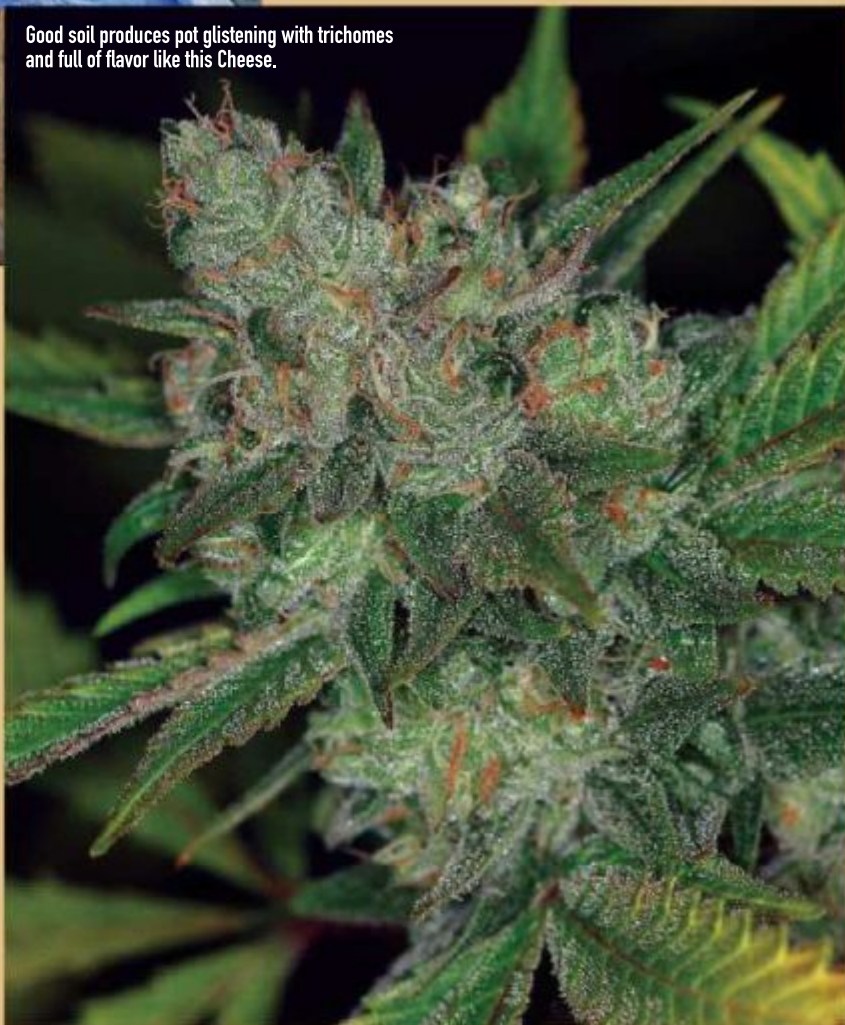
BEFORE PLANTING

So we've added the water, and now we let it cook in the sunshine—30 days is best for this concentrate. Do not put seeds or clones directly into this Super Soil mix or they will burn. This is an advanced recipe to be used in conjunction with base soil. First you place a layer of Super Soil at the bottom of each finishing container; then you layer a bed of base soil on top of the Super Soil concentrate; and then you transplant your fully rooted, established clones into the bed of base soil. As the plants grow, they'll slowly push their roots through the base soil and into the Super Soil, drawing up all the nutrients they need for a full life cycle. The Super Soil can be also be used to top-dress plants that take longer to mature. I'll use this mix for a full year.

Buds grown with this method finish with a fade and a smoother, fruitier flavor. The plants aren't green at harvest time, but rather purple, red, orange, even black—plus the resin content is heavier, and the terpenes always seem more pungent. This method is now being used by medical growers all over the world, and with amazing results. The feedback I've received is really positive, including reports of hydro-like growth and novice growers producing buds of the same high quality as lifelong cultivators. So give it a try! You won't be disappointed. ✨

Subcool is the author of Dank: The Quest for the Very Best Marijuana, available at dankgearonline.com.

Good soil produces pot glistening with trichomes and full of flavor like this Cheese.



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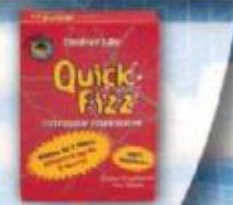
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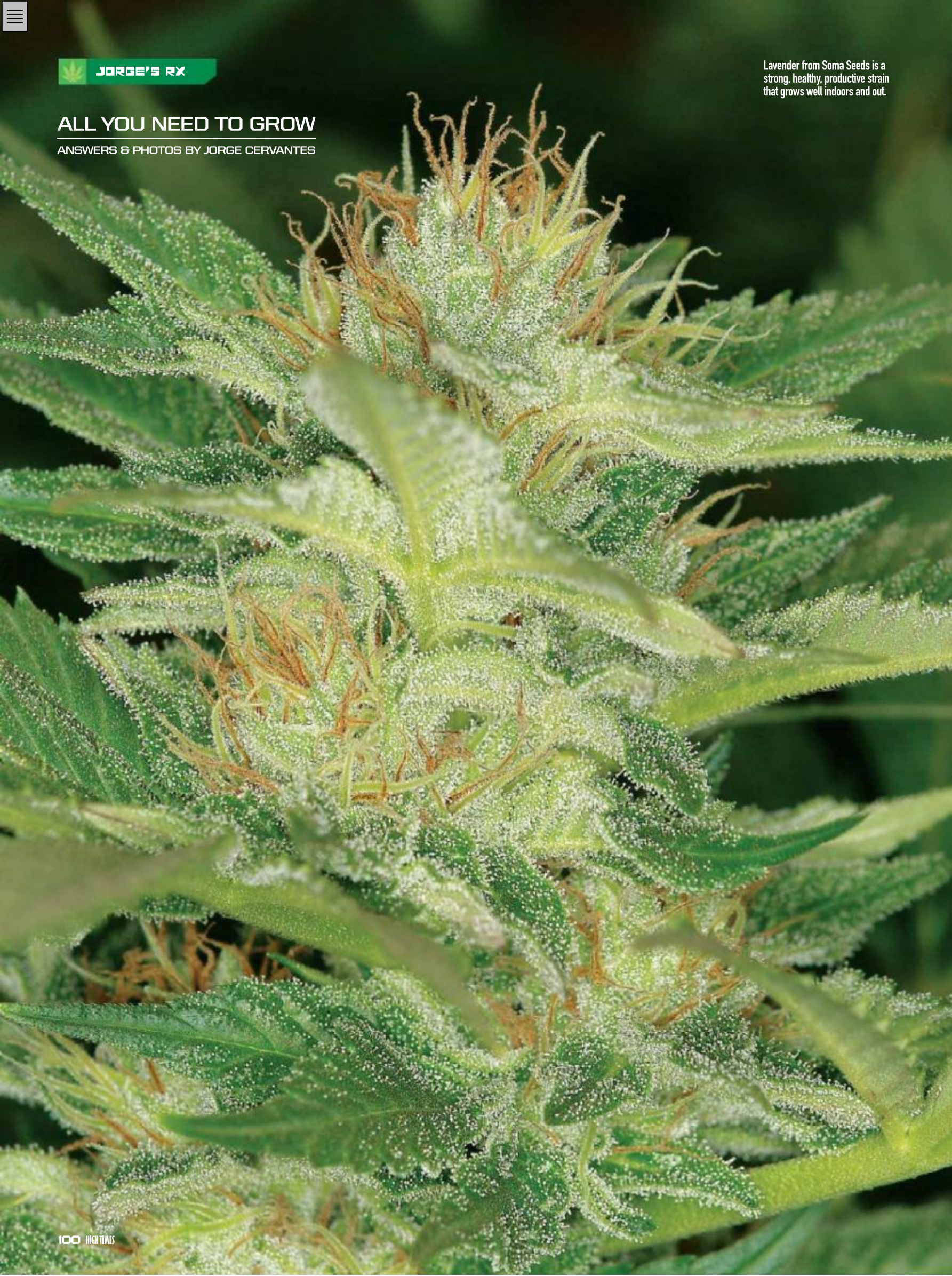


JORGE'S RX

ALL YOU NEED TO GROW

ANSWERS & PHOTOS BY JORGE CERVANTES

Lavender from Soma Seeds is a strong, healthy, productive strain that grows well indoors and out.



Conex containers make perfect growrooms. I prefer the insulated aluminum cold-storage containers.



Note: Some of the photos in this column are taken from *Marijuana Grow Basics: The Cannabis Aficionado's Easy Grow Guide*, \$21.95, Van Patten Publishing (June 2008).

HOW TO CULL

After buying your new “grow bible” (best \$30 we ever spent!!), my boyfriend and I set up a perfect little growroom. We’ve been extremely successful so far in growing eight beautiful six-week-old seedlings from high-quality Thai/Northern Lights seeds, but we’re running low on space, and we don’t imagine we’ll see male pre-flowers for another week at least. (Any tips on identification?) We’ve already removed one sickly plant, but the rest are doing well.

We’re not sure how to figure out which are the ones to get rid of—some have more leaf sets but fewer new branches or purple stems, but none are too far behind the best. Ideally, we’d like to end up flowering four robust girls. Right now, about half of them have a wonderful skunky-sweet odor, and the other half have no smell whatsoever. Does smell indicate sex in plants? If so, that would make it a lot easier to decide right now.

Thanks for your time, Jorge, and thank you so much for writing such an excellent book.

Liv
Via Internet

Dear Liv,
Congratulations on a great grow! Your problem—having to decide which of your thriving plants to

cull out—is a good one to have. Other than growing feminized seeds to begin with, I know of no way to discern male from female plants before the pre-flowering stage.

Your situation in a nutshell: You want to give space to your four best plants and toss out the others, and you’d like to figure out which ones as quickly as possible. As you suggested, you should start your selection process with smell: Short, squat, fragrant plants are most likely female and the most potent of the lot. Plants of taller stature and lankier growth could be males. Check the basic resin content by ruffling the stem of each plant to see which ones smell best. If these plants have stems with a lot of distance between the internodes, they are quite possibly males. These suspected males with minimal fragrance are the plants you want to cull: Move them out of the garden and give them enough light to grow but not flourish. With only a week until pre-flowers show, the culled plants will have no problem surviving, but they may develop their pre-flowers a few days later than the rest. And as soon as the pre-flowers show, you’ll know definitively which ones to keep.

SOIL SCIENCE

What’s the best resource to use in researching soil for growing?

Brian
Via Internet

Dear Brian,
Soil composition and chemistry can be very com-

plex. I like Wikipedia for basic research; after that, there are always the university sites, but they can quickly become very academic and technical. If you live in the USA, you should definitely check out your local County Extension Service: These are a wealth of information. Check the site extension.usu.edu for a complete list of County Extension Service offices near you. (They also have very good and extensive websites.) You can check to see if any of them are offering a master gardener’s program. This program is designed and taught by local extension agents who are well versed in the subject and have a great deal of experience with the local climate and soils—in fact, they’ll probably have a soil map of the county. You can also check out the book *Teaming With Microbes: A Gardener’s Guide to the Soil Food Web* by Jeff Lowenfels and Wayne Lewis (Timber Press, \$24.95). You can find it on Amazon at a 30 percent discount. This best-selling book will show you how to build the best organic soil. When your soil is alive and teeming with microbes, your plants will be super-healthy and problem-free!

SOUNDPROOFING

I’m trying to soundproof a noisy fan. Can you please tell me the best materials to do this? Also, are you going to this year’s Cannabis Cup? Keep the books coming, and I hope to meet you in person one day!

Chowa
Via Internet

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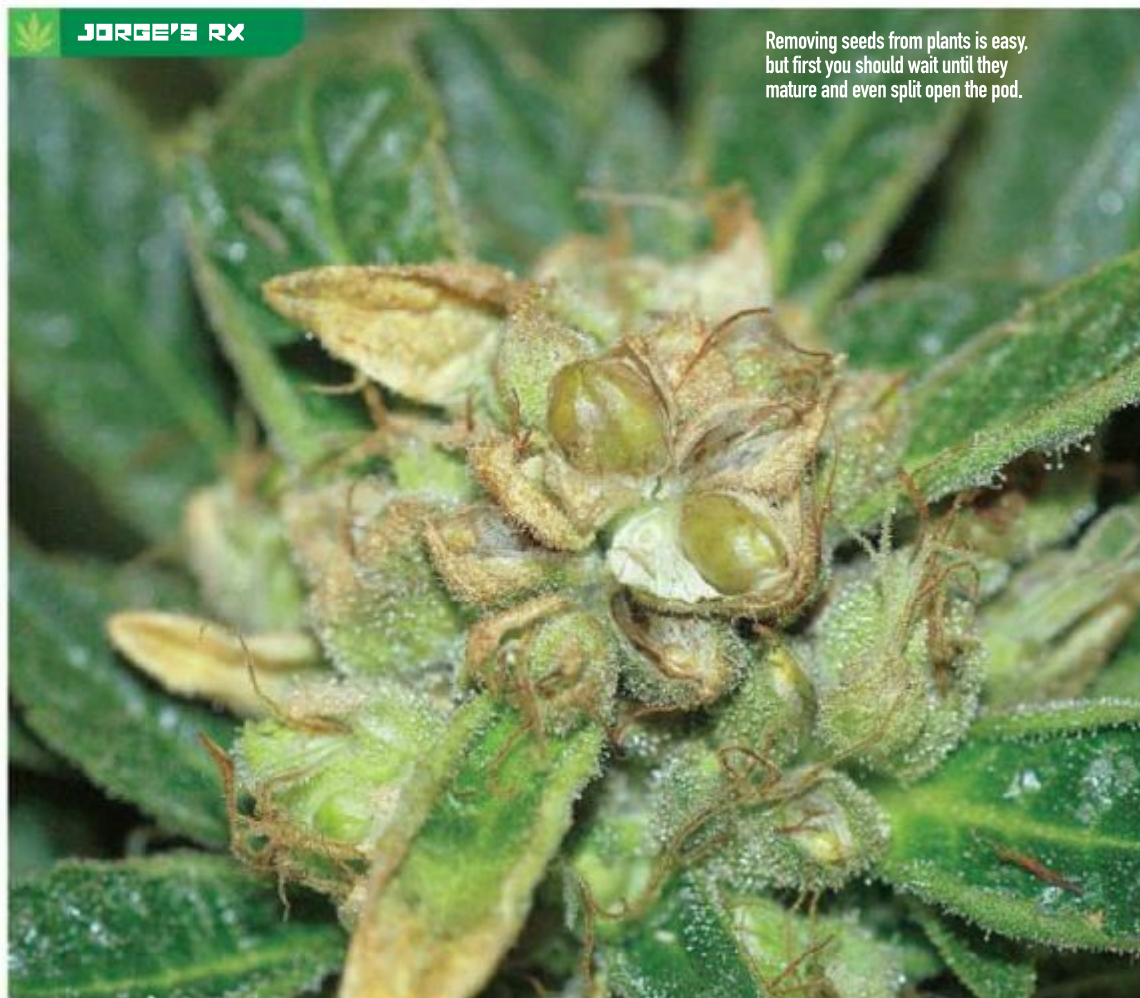
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JORGE'S RX

Removing seeds from plants is easy, but first you should wait until they mature and even split open the pod.

Dear Chowa,
Thanks for the kind words. The best way to silence a noisy fan is to lubricate it. But if it has a persistent squeak, it's better to simply get a new one (and a higher-quality one: In-line fans are the quietest). You can shunt vibrations into rubber fan feet or dense foam padding; mount the padding between the fan and the wall. To baffle sound, you can always surround the fan with a wooden box lined with dense foam padding. A quick trip to the home-improvement store will help you learn about the insulating pads available. Also, fast-moving air makes noise, so another option is to get a larger-diameter fan and move the air more slowly. This will create much less noise while venting the same amount of air.

To answer your final question: Yes, I'm usually at the HIGH TIMES Cannabis Cup, and I look forward to meeting you there. I also attend the other annual cannabis fairs in Europe that were inspired by the Cup: in Spain (spannabis.com or expocannabis.com), the Netherlands (highlife.nl), Austria (cultiva.at) and Switzerland (cannatrade.ch).

HARVESTING SEEDS

I'm an avid reader of your column in HIGH TIMES, and all my grow questions have been answered except for these: How do you harvest viable seeds? Is the seeded bud still smokable, and does it give you a high at all? And when crossing strains, how does a grower keep the desired traits in the offspring? Please answer these questions in an upcoming issue of HIGH TIMES.

Minion3242
Via Internet

Dear Minion3242,
Seed crops grow best when given a completely balanced fertilizer regimen during the entire growth process to ensure that the seeds receive all of the proper nutrients for full development. When growing a seed crop, combine vegetative and flowering fertilizers during the flowering stage so that plants have plenty of nitrogen, phosphorus and potassium. (Flowering fertilizers by themselves lack certain nutrients, and you don't want to starve the plants of necessary foods, since healthy mothers produce the most healthy, viable seeds.) I prefer organic fertilizers that contain bacteria to break down the nutrients and make them usable by plants. Soils fertilized with chemical, salt-based nutrients lack this soil life.

Once you've grown a healthy crop of buds, you can harvest viable seeds after they become ripe. You'll be able to actually see the seeds in the buds; some of them will even split open their seed bracts. Most viable seeds are dark and hard, so squeeze one to see if it's difficult to crush. You can pop the seeds directly from the buds once they become ripe. If you plan to harvest many seeds, cut the plants and trim off each seeded bud. Hold each bud over a screen (to catch any dropped seeds) and pop them out by hand. I prefer to harvest seeds when the plants are freshly harvested because the foliage is supple and less resin is damaged. And yes, you can smoke the seeded buds or make hash with them.

Once you're done collecting the seeds, remove any leaves and shake (which attract moisture) and store the seeds in a cool, dark, dry place. Some growers like to put them in a refrigerator for a few weeks to simulate winter before planting.

REFLECTORS AND PRODUCTION

For many years, I've used 7-foot horizontal reflectors with great success. My plants grew an average of 3 to 4 feet in height, and my yield was at least 1 ounce per plant, with 20 plants under each light. I've been considering running 600-watt high-intensity discharge (HID) lights in my new garden. What kind of reflectors do you recommend, and how much spacing between them?

Thank you so much for your books—I own many copies and recommend them all the time!

Nick
Via Internet

Hi Nick,

Thanks for the recommendations! If you're growing under 1,000-watt lamps, the yield is 20 ounces per each 1,000-watt lamp, and so the gram-per-watt yield is 0.56 (560 grams ÷ 1,000 watts = 0.56). Growers with super-efficient growrooms and fat, heavy-producing strains are harvesting 1 gram per watt. There are a few tricks to achieving this rate of production, but they are quite simple to learn. For example, you can increase your growroom's yield by growing a perpetual crop. That is, keep one or two healthy mothers and take clones every day or so. Harvest one plant every day (or even every other day) and replace them with rooted clones that are ready to flower. Or you can take clones weekly and get similar results. Continue this schedule faithfully and your room will produce about 20 percent more.

I love 600-watt HID lamps! They are most efficient when used with an Adjust-a-Wing reflector, which is my personal favorite (adjustawings.com). One big plus of the Adjust-a-Wing is that it comes with a small deflector to diffuse the hot spot below the bulb. With no hot spot, the bulb can be placed closer to the plants, giving them more intense light. But if you're having a problem with heat buildup from the lights in your room that can't be fixed by venting, you may want to try an air-cooled fixture. Two good manufacturers for these are Hydrofarm.com and Sunlightsupply.com.

You should space the reflectors on 40-inch centers. However, I recommend purchasing a handheld light meter to measure the light coverage under the reflector: You'll be surprised how much the light intensity fluctuates. Plot the readings on a piece of graph paper and then adjust the elevation and direction of the lights so that your plants receive the most intensity.

PRE-FLOWERING

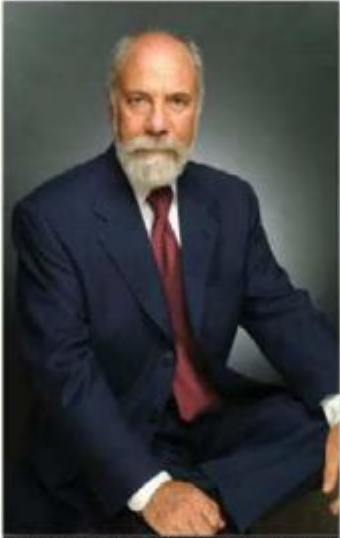
I'm a second-time grower, and I was just wondering if the pre-flowering weeks are included in the total flowering time?

ESCO
Via Internet

Dear ESCO,

No, pre-flowering occurs during the vegetative-growth stage, about two months after the seeds germinate in the soil, and culminates when the plants begin to yield male or female flowers, thus distinguishing their sex. Normally, male plants are culled once their sex has been established. Keep in mind that only plants grown from seed go through the pre-flowering stage, in which they begin to show tiny male and female flowers. Once the pre-flowers have set, these plants are ready to enter the flowering-growth stage.

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JORGE'S RX

LIGHT SCHEDULE

When a plant reaches 1 foot in height, what would be the best light schedule for it? Also, what is the shelf life of natural versus feminized seed? I read GroWorld for the first time and plan on purchasing a number of your books. I can tell that you're very passionate and knowledgeable about your work. Thanks for your time and keep your thumbs green, my friend.

Todd D.
Via Internet

Dear Todd,

Foot-tall seedlings and clones are probably four to six weeks old and in the vegetative-growth stage. Plants require 18 to 24 hours of light during this stage, but vegetative plants require less intense light than flowering plants: For example, a single 400-watt lamp will be sufficient for a 3-by-3-foot space full of vegetative plants. If you're growing clones with strong stems and plenty of well-developed leaves, they can be induced to flower with a 12/12-hour day/night photoperiod.

Feminized seeds should stay viable for up to five years when kept in an environment with low (5%) humidity and a temperature of 40°F. Seed companies often use medical refrigerators to store their seeds, which allow them to control both humidity and temperature. If you're storing seeds at home, you should put them in a sealed container with several silicon packets to absorb moisture. And remember to remove these packets periodically to dry them out and then return them to the container.

KC39

First and foremost, Jorge, I am a great fan and have purchased your "grow bible" as well as your namesake strain (Jorge's Diamonds #1). Here's my problem: About four years ago, I got some seed from a friend and kept it going for a long time; it was called KC39. Unfortunately, I've since lost it and cannot find the strain again anywhere. Can you help?

R.C.
Via Internet

Dear R.C.,

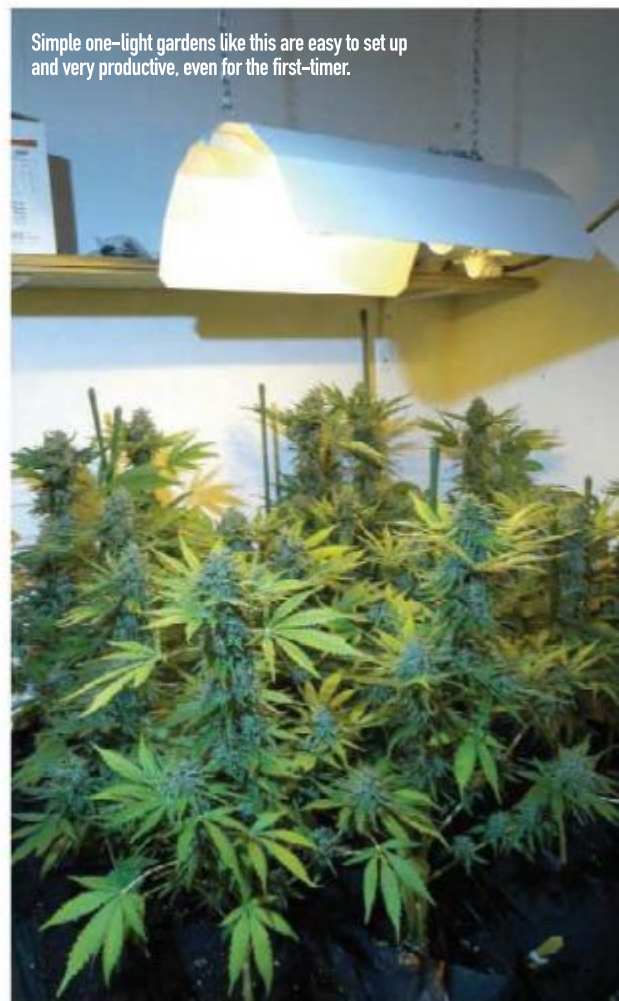
KC39 is from KC Brains, a Dutch-based seed company. The cross originated from some Spanish seeds that the proprietor, KC (who is originally from Brazil), crossed with his earlier KC66. You should still be able to find them on the Internet by searching for "KC39." KC doesn't have a website, but he usually makes an appearance at the Cannabis Cup in Amsterdam.

I'm glad that you like Jorge's Diamonds #1. We grew it outdoors this year and did quite well. The problem with growing *any* strain outdoors is that the wind tends to erode the resin on the buds. Plus the Mediterranean coastline is quite windy, and this causes the branches to slam together, further degrading the resin. Now we're growing it indoors and in a greenhouse.

HEAT LAMPS

I'm currently growing my first small garden of four plants. How well would a neodymium

Simple one-light gardens like this are easy to set up and very productive, even for the first-timer.



halogen daylight bulb for a snake tank work? Apparently, it has the same kind of color spectrum as the sun, and it definitely provides enough heat. Please let me know as soon as possible. Thanks, and keep up the good work!

Moe M.
Via Internet

Dear Moe,

I just checked out neodymium halogen lamps on the site Bulbster.com: They come in 60, 75, 100 and 150 watts, run on 120 volts, and do not require a ballast. Reptiles love them because of the heat they yield. The heat is produced via electrical resistance in a filament, which is not at all energy-efficient when producing light. Color spectrum aside, this lamp is inefficient and doesn't produce enough lumens to grow cannabis properly.

Invest a little more money (\$30) and buy a 65-watt compact fluorescent lamp (CFL) at your local home-improvement store. This CFL will provide enough light with the proper spectrum and intensity to grow a couple of plants. When your garden outgrows a single 65-watt lamp, you can always add another and another, depending on what your budget permits.

SOIL

I want to grow in soil, and this is my first time. What soil mix should I use, and which nutrients? I'm growing Da Purps from TH Seeds. What ratio should I use of perlite and vermiculite?

April420
Via Internet

Dear April420,

Soil is a good choice because it will cause you fewer problems, especially when you're starting out. I always advise growers to go to their local

nursery or hydroponics store and buy the best, fastest-draining soil they can afford. There are many soils in the world, so recommending one is difficult when I don't know what's available in your area. Therefore, your best bet is to go to your local nursery or hydro store and tell them that you're growing tomatoes, which require a similar soil. And whatever you do, stay away from the cheapo soil found at discount stores: I purchased some last year that had terrible structure and drained poorly.

Grow your seedlings in a fine soil mix that holds moisture well (and remember that seeds and seedlings are hypersensitive to soil-moisture levels). You can also often purchase a bag of fine seedling mix. But don't add vermiculite to either mix, since vermiculite retains water. Add 10% to 15% perlite to speed the drainage in all non-seedling soil. Mix the soil and vermiculite when dry for the best blend. Vermiculite must be mixed properly or it tends to float to the surface.

AROUND THE WORLD!

All right, man—you've helped a lot! I've seen your movies, and there are no words. But I've gotta say: Testing strains in a closet in South America is difficult, because you've gotta have air movement.

I always make sure to check your list ... many thanks for the tips. *Eu vou plantar!* (Brazilian—i.e., Portuguese—for "I'm going to plant!")

Nando Gamedog
Via Internet

Dear Nando,

Thanks for the email: Everybody's listening to you! My DVDs are officially in English, but I have one copy in Portuguese and another in Russian—both bootlegs. (This DVD has a habit of getting around.) And we are currently working on putting it out in several languages.

I'm amazed at the way that both indoor and outdoor growing have taken off in the last five years. Growers in countries all over the world are now cultivating world-class bud right in their own homes! This is a big triumph. I just came from the hemp fair in Vienna, Austria (cultiva.at), and was delighted to see new cannabis magazines from Hungary, Poland—and two from the Czech Republic. The Russians are also growing more than we know!

More growers in more climates means a greater selection of seed stock in the future—and also that cannabis aficionados will see more great dope! 🌱

Jorge Cervantes is the author of *Marijuana Horticulture: The Indoor/Outdoor Medical Grower's Bible* (January 2006), *Jorge Cervantes' Ultimate Grow DVD* (shot in BC) and *Jorge Cervantes' Ultimate Grow DVD II* (shot in Spain), *Indoor Marijuana Horticulture: The Indoor Bible*, *Marijuana Indoors: Five Easy Gardens*, *Marijuana Outdoors: Guerrilla Growing* and *Jorge's Rx*. He writes for 20 magazines in seven languages. Jorge's books are published in Dutch, English, French, German, Italian, Russian and Spanish. Hit marijuana-growing.com for more information.

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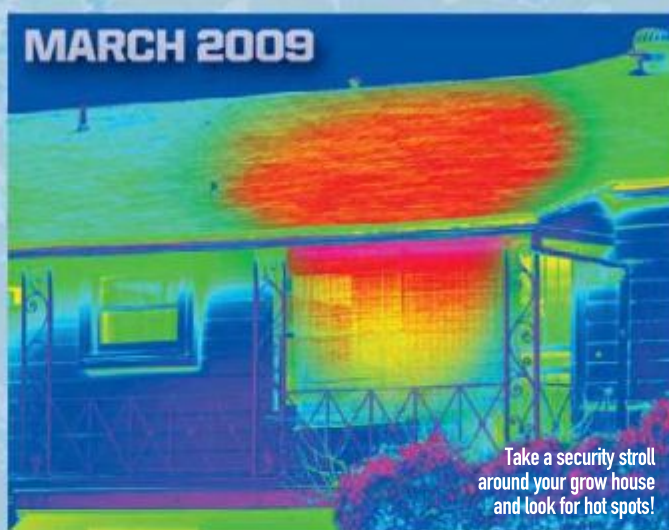
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GARDEN CALENDAR



OUTDOORS

March heralds the first signs of warm weather. Winter weather starts to give way to intermittent patches of spring. There should now be enough warm days and nights in southern climates to nurture a spring crop. Growers in northern climates are taking advantage of spring skiing and planning their outdoor crops.

Surf the Internet for seed deals. Even though many Canadian vendors will no longer send seeds into the USA, there are many companies elsewhere that will—for example, in the United Kingdom. If you've harvested heavy and the recession hasn't got you down, take a vacation this month and buy seeds personally at the many great vendors in Canada, Spain, the UK and Holland.

Inspect stored seeds. Maintain the humidity as low as possible to extend storage life. Put silicon packets in with the seeds to absorb moisture, and take them out periodically to dry. Or use rice for the same purpose, and be sure to periodically replace the not-so-dry rice. (Moist rice swells.) Store your seeds in a cool, dark, dry place in an airtight container for the longest shelf life.

Buds in storage can get moldy if they're kept in humid conditions. Be sure that they're dry before storing them; place your buds in an airtight jar or container and be sure to store them in a cool, dark, dry place. Inspect your buds with a 10x to 30x microscope or loupe to check for degradation and mold.

Scout out new grow patches. Take weekend drives and hikes in the countryside to find new, discreet places to plant. Small two- or three-plant sites are the best. Remember: If the garden is close to a good water source, it's much easier to maintain. The site also needs plenty of sun and good soil.

And make sure it's well off the beaten path for added security.

Germinate seeds and start clones for your new spring crop. Set 12- to 18-inch clones and seedlings outdoors under the cover of a plastic greenhouse if weather permits. A little heat at night will extend the growing season. Use a Wall-O'-Water if temperatures dip below freezing at night. This miracle device, which is available from many retail stores and websites, will protect plants down into the low 20s(°F) for a few nights. Days and nights are both about 12 hours each now—the perfect schedule to induce flowering! The long nights continue for six more weeks.

INDOORS

If you've been cooped up all winter, spend as much time outdoors as possible enjoying the nice weather. You can still keep your growroom growing—just remember that outdoor weather also affects the atmosphere indoors.

The air outside is warming up with each passing day, but nighttime temperatures generally dip when the sun goes down. This condition creates an increase in humidity both indoors and out. A good sign of high nighttime humidity is dew on the grass. Take steps to control humidity in your growroom—especially at night—to avoid problems later.

Gas and oil furnaces create high humidity. A dehumidifier will lower humidity, but use one only if the humidity jumps to 60% or 70% in the flowering room. Normally, a vent fan will supply enough humidity control. Slow, sickly growth is one of the simple signs of excess humidity and soggy soil.

Electric, coal and wood stoves or furnaces cause low humidity. If humidity dips below 40% in the flowering room, set out saucers of water to increase the air moisture

and water your plants often. Vegetative-room humidity should ideally hover around 60%.

Look at leaf undersides and surfaces for diseases and pests. Spider mites and their eggs look like tiny specks on leaf undersides. Spider mites also damage the tops of leaves with whitish-yellow speckles or spots. The warm, spring-like weather can spawn new hatches of pests outdoors that will attempt to move into your growroom. Remember: A clean growroom attracts few pests. Also, always wear clean clothes and shoes into your growroom to avoid contamination.

Fertilizer and water uptake could change this month. The atmospheric change outside often causes the temperature and humidity in your growroom to change, which in turn causes plants to take in more water and fewer nutrients. Meter the nutrient solution regularly and keep it adjusted. Plotting the growth rate and nutrient-solution concentration along with temperature and humidity will help you fine-tune your growroom's efficiency.

Take pH and EC (ppm) readings of the nutrient solution every few days. Be sure to take the readings at the same time and with the nutrient solution at the same temperature every day to ensure consistency. Record your readings in a notebook or on graph paper. After taking these readings for a few weeks, the inconsistencies and problems in your room that need to be remedied will leap out at you.

Leach the grow medium once a month at a minimum. Pour two to three times the volume of a mild nutrient solution as the volume of medium into each container to flush away toxic, built-up fertilizer salts. Follow this simple maintenance routine to avoid many future problems.

Walk around the outside of your grow area. Put all of your senses to work—touch, taste, smell, hearing and sight—to discern any security breaches. Are there any dubious odors, sounds or light leaks? Does the garbage contain any remnants of a grow operation?

Take clones two to three weeks before harvest. Germinate seeds about two months before harvest so they're ready to move into the flowering room.

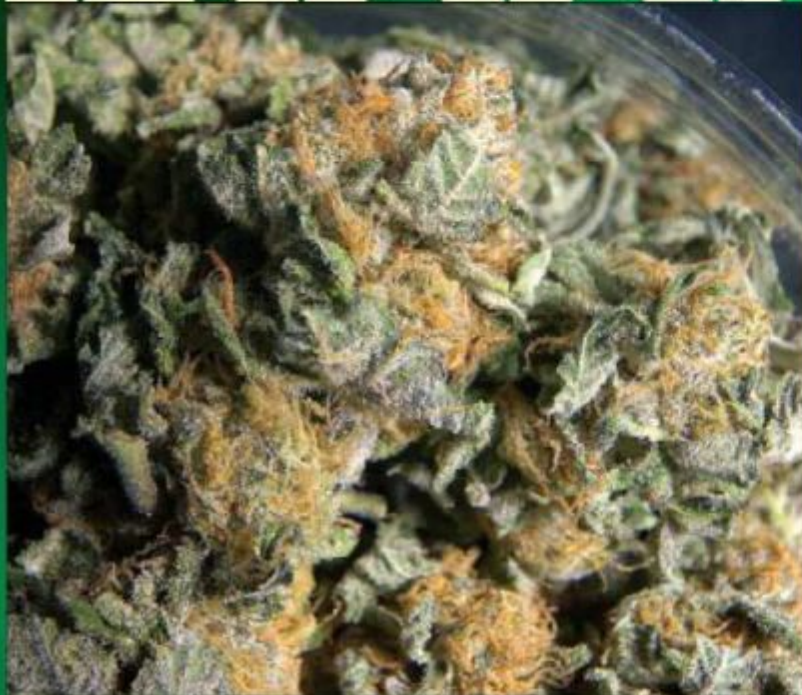
Harvest!

Clean room thoroughly and move in the next crop of clones. ✨

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Jorge Cervantes

2009 ULTIMATE GROW CALENDAR



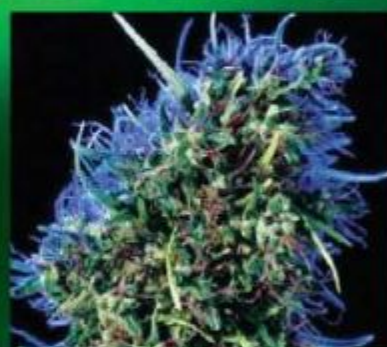
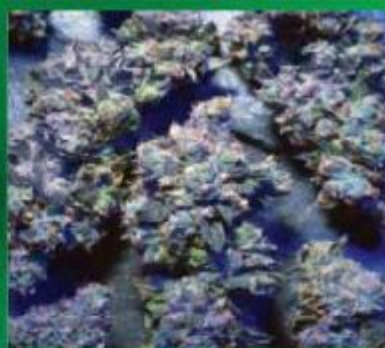
HIGH TIMES
OCTOBER 2009

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OUTDOOR
Outdoor growing is a natural environment and is the best way to grow cannabis. It allows you to control the temperature, humidity, and light. This is the best way to grow cannabis in a natural environment. The best way to grow cannabis is outdoors.

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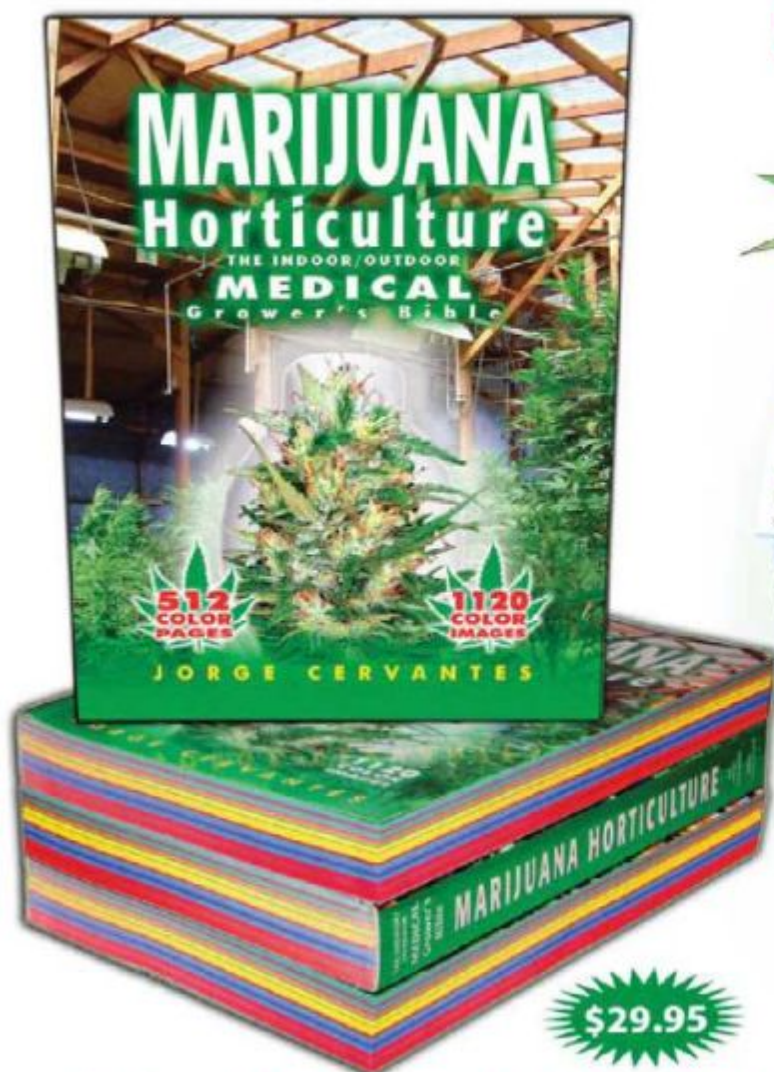
INDOOR GROW TIP

Stop fertilizing at least a week before harvest. Many growers stop fertilizing two or more weeks before harvest. Continue to fertilize with a super-bloom formula high in phosphorus and potassium and very low nitrogen if you plan to harvest next month.

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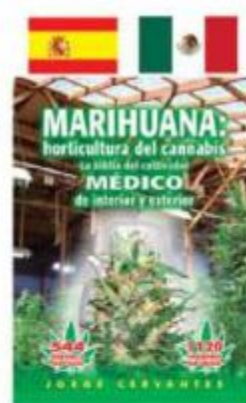


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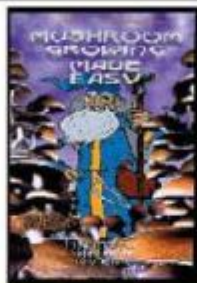
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NEXT MONTH IN HIGH TIMES



BRIAN JAHN

THE 21ST ANNUAL CANNABIS CUP

Over the years, the HIGH TIMES Cannabis Cup in Amsterdam has become one of the items that stoners put on their "bucket list"—an event they promise themselves they absolutely must attend at least once prior to kicking the bucket!

Each year, we cover the high-spirited high jinks and high-flying strains that fuel the merriment that transpires every November, and culminates in the Cannabis Cup awards ceremony on Thanksgiving Day. In addition, the Cup also honors the latest inductee into the Counterculture Hall of Fame.

As always, we'll pull out all the stops for this issue, bringing you highlights of the Cup, profiles of the winning strains and interviews with Dutch grow masters. Plus you're gonna get socked with the finest bud photography on the planet.

And don't forget about the entertainment! With reggae as the theme of the 21st Cup, Andrew Tosh and Ky-mani Marley blew out the crowd, then sat down for conversations about their musical legacy.

It's a smokefest you just can't miss. (But if you did, read about how you can attend in 2009.)

Make sure you don't leave this earth with your Cup half-full!

GO TOKE IT ON THE MOUNTAIN!

Ride down the mountain with pro snowboarder Mark "Deadlung" Edlund. Find out how he got his nickname, what his favorite strains are and what it's like to ride high. As an added bonus, step inside a "smoke shack"—the off-trail mountainside chill spots where smart boarders go to get blazed.

PLUS: Bobby Black covers the smokin' Cannabis Cup Expo at the Power Zone, where the inhaling was hot and heavy every day of the week.

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STONER CITY

(Above) The game of growers and stoners who buy, sell and trade while running a budding business. \$34.99



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(Above) Dude, whose move is it again? The game of kings and queens enters the stoned age. This unique set includes 32 pieces, full-color playing board and instructions. \$34.99



CHECKERS

(Above) Smoke your opponent in this classic game with a fun twist. \$16.99

POSTERS

POT LEAF POSTER

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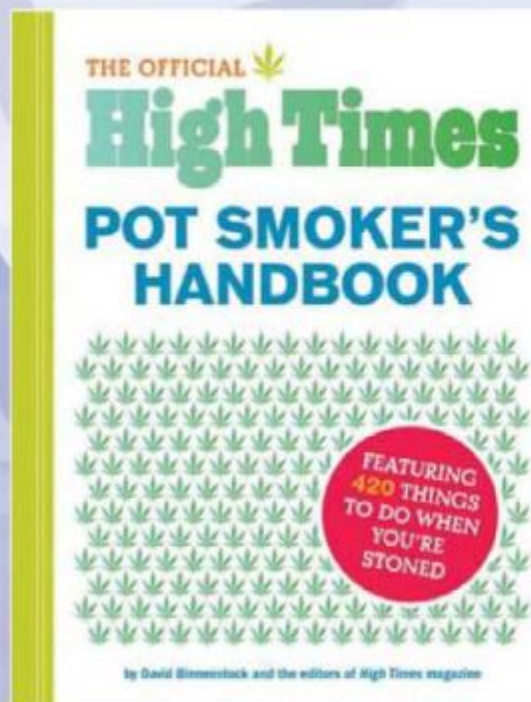
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NEW RELEASES

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Since 1974, High Times magazine has covered marijuana in all its aspects and wonders, from cultivation to legalization to the herb's enduring (and exalted) place in popular culture. Packed with inside information, *The Official High Times Pot Smoker's Handbook* rolls up all of this collected wisdom into one indispensable ganja guide. With a life-changing list of 420 things to do when you're stoned, this is truly, finally, the ultimate guide to green living. **\$19.95**

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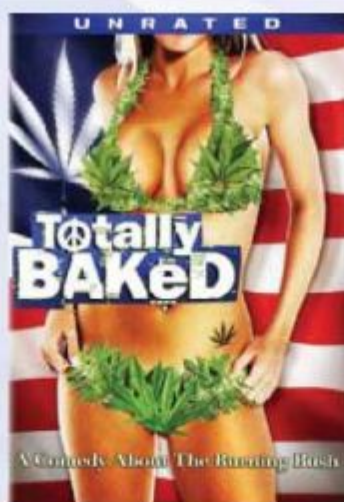
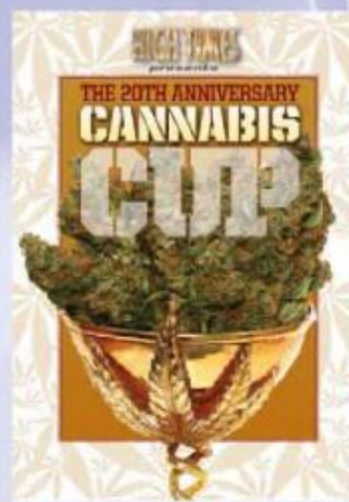


JORGE'S ULTIMATE GROW CALENDAR
HIGH TIMES is proud to offer the *Ultimate Grow Calendar*, featuring hot tips from the world's foremost cannabis cultivator, Jorge Cervantes. Packed with monthly summaries and daily grow tips, this calendar aims to keep you on track, whether you are growing indoors or outside. **\$13.99**

NEW



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DVDs

20TH ANNIVERSARY CANNABIS CUP DVD Loaded with over 60 minutes of performances, interviews, and non-stop smoking of the biggest and best buds in the world. Relive the magic or see what you missed—this DVD is a must-have for any stoner. **\$16.99**

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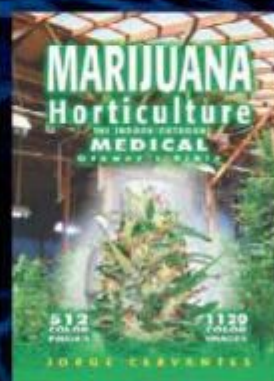


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Psilocybes, 'POTENT' Cubensis ('POTENT' in caps) Azurescens, Tasmanian. 'ACTIVE' Hawaiian Woodrose Seeds. Catalog \$3.00 Pacific Exotic Spora, P.O. Box 705, HI Lee's Summit, Mo. 64063

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If you have any questions about placing a classified ad in HIGH TIMES, contact Matt Stang at 212.387.0500, ext. 206.

POT 40

OH, I FEEL IT!

FREE POTHEAD PRISONERS

LOAD THE BOMB

POT IS THE ONLY THING YOU SEEM TO REMEMBER NOT TO FORGET!

HAVE POT?

SWEET POTATOES

WHAT DO YOU THINK SHOULD BE ON THE LIST? SEND YOUR IDEAS TO... pot40@hightimes.com

FILL IN COUPONS WITH YOUR DREAMS & MAIL 'EM!

1 MIGHTY KICKASS BUDS

2 GYPSY ROSE

3 STONER FORUMS
stonerforums.com
THE STONEST PLACE ON THE INTERNET!!

4 STEM

5 LOU REED

6 HERE'S DENNY!

7 BONG BITS

8 PLANT YOUR LOVE AND LET IT GROW - LET IT BLOSSOM; LET IT GROW - IN THE SUMMER, IN THE SNOW GROW - IS LOVELY - LET IT GROW
- Eric Clapton (paraphrased) 461 Ocean Blvd., 1974

9 CANNABIS TV.net

10 BIG ISLAND BIG BUDS

11 SPANKING MY WIFE
BECAUSE SHE LOVES IT!

12 JORGE CERVANTES

13 2 WRONGS DON'T MAKE A RIGHT UNLESS TWO NARC'S SHOOT EACH OTHER OR IF TWO NARCO HELICOPTERS COLLIDE OR GET TANGLED UP IN POWER LINES

14 IF
POT IS ILLEGAL ALCOHOL SHOULD BE TOO. IN CANADA TYLENOL #1 IS LEGAL???

15 INDICA

16 SATIVA

17 SOUNDTRONNE
SOUNDTRONNE WAS FUNNY I WATCHED THIS SHOW THANK YOU POT 40

18 DON'T FEAR THE REEFER

19 ANY BOOK
By HUNTER S. THOMPSON

20 MITCH HEDBERG

21 GANGSTER SMOKE

22 DARCY DONAVAN
...IS THE NEW EMINEM A WOMAN?

23 CHEECH & CHONG

24 LIFE IS A BITCH
(UNLESS YOU'RE TERMINALLY STONED!)

25 GO ON AHEAD MISTER BUSINESS MAN, YOU CAN'T DRESS LIKE ME
- JIMI HENDRIX

26 I TAKE A TOKE...
...and all my cares go up in SMOKE

27 I MISS THE GOOD OL' DAYS WHEN DEALERS SAID: "IF TWO BONG HITS OF MY WEED DOES NOT GET YOU TERMINALLY STONED, I'LL GIVE YOU TWICE YOUR MONEY BACK!"

28 TATTER TITS FRANK ZAPPA

29 HELP!
MY HUSBAND KISSES HIS BONG MORE THAN HE DOES ME!

30 I EAT OUT OF POTS...SO WHY NOT SMOKE IT?

31 DAVID BOWIE

32 LET'S PLAY CARPENTER
...FIRST, WE'LL GET HAMMERED, THEN I'LL NAIL YOU!

33 SWINGERS
BECAUSE 1 + 1 IS TWO, BUT 2 + 2 IS A WHOLE LOT MORE FUN!

34 TO ALL YOU VIRGINS: THANKS FOR NOTHING!

35 EVERYBODY KNOWS BEER LEADS TO HEROIN!
- GEORGE CARLIN

36 THE WORLD CONTINUES WITHOUT US. NO NEED TO TAKE IT PERSONALLY.
- DAN DRAPER, MAD MEN

37 ONE'S CONDITION ON MATRIMONY IS ALWAYS EXISTENTIAL. ONE CAN FEEL THE IMPORTANCE OF EACH MOMENT AND HOW IT IS CHANGING ONE. ONE FEELS ONE'S BEING, ONE BECOMES AWARE OF THE ENORMOUS APERTURES OF NOTHINGNESS...THE HUM OF A HI-FI SET, THE EMPTINESS OF A POINTLESS INTERRUPTION, ONE BECOMES AWARE OF THE WAR BETWEEN EACH OF US, HOW THE NOTHINGNESS IN EACH OF US SEEKS TO ATTACK THE BEING OF OTHERS, HOW OUR BEING IN TURN IS ATTACKED BY THE NOTHINGNESS IN OTHERS.
- NORMAN MAILER

38

39

40

THE MOST VOTES WE GET... AND THEN YOU MIGHT BE ABLE TO WIN A PRIZE! ALL YOU HAVE TO DO IS VOTE FOR YOUR FAVORITE POT 40 COUPON! (SEE PAGE 40 FOR MORE DETAILS.)

YOU MIGHT BE ABLE TO WIN A PRIZE! ALL YOU HAVE TO DO IS VOTE FOR YOUR FAVORITE POT 40 COUPON! (SEE PAGE 40 FOR MORE DETAILS.)

SEE THE FULL LIST OF COUPONS ON PAGE 40 OF THIS ISSUE. YOU CAN ALSO VISIT www.pot40.com FOR MORE DETAILS.

PLUS ARTWORK BY READERS

Compiled by [pot40.com](http://www.pot40.com) 40 Halmstrom

1 2 3

HIGH TIMES

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NEW YORK CITY • 10014

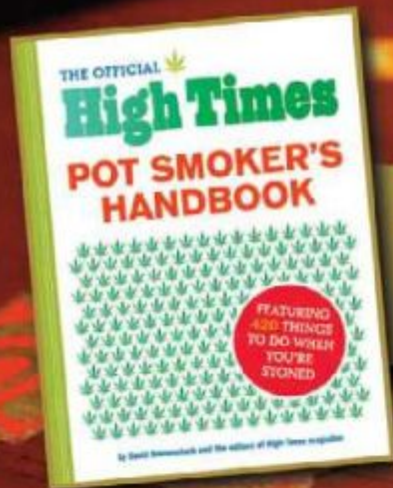
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W. WIDOW \$350 50pk

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- OB6 PURPLE SKUNK
- OB7 SWEET TOOTH
- OB8 SKUNK #1
- OB9 XXX-420
- OB10 AFGHANI
- OB11 BLACK DOMINA

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- D2 C13 HAZE
- D3 CANNALOPE
- D4 CONNIE CHUNG
- D5 D-LINE
- D6 L.A. CONFIDENTIAL
- D7 MMG
- D8 RECON
- D9 ROCKLOCK
- D10 SHARKBREATH
- D11 SOURCREAM
- D12 SUPERLOPE
- D13 SWEETHAZE

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- P1 BELLADONNA 10pk
- P2 DURGA MATA
- P3 DUTCH DRAGON
- P4 NEBULA
- P5 SENSI STAR
- P6 SHEHERAZADE
- P7 SWEET PURPLE
- P8 AMSTERDAM FLAME
- P9 SUGAR BABE
- P10 SWISS BLISS
- P11 MAGIC B
- P12 ROX - NEW
- P13 SATIVA SPIRIT - NEW

SOMA SEEDS

- S01 LAVENDER 10pk
- S02 NYC DIESEL
- S03 SOMANGO
- S04 BUDDHA'S SISTER
- S05 ROCK B
- S06 AMNESIA HAZE
- S07 KAHUNA
- S08 CITRALAH
- S09 WHITE LIGHT
- S10 SOMAUI

SERIOUS SEEDS

- SE1 CHRONIC 11pk
- SE2 BUBBLEGUM
- SE3 KALI MIST
- SE4 WHITE RUSSIAN
- SE5 AK 47

DUTCH PASSION

- DP1 SKUNK #1
- DP2 POWER PLANT
- DP3 OASIS
- DP4 CAL. ORANGE
- DP5 MAZAR
- DP6 WHITE WIDOW
- DP7 BLUEBERRY
- DP8 FLO
- DP9 SKYWALKER
- DP10 STRAWBERRY COUGH

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